

Seven Steps to Earthquake Safety: Your Action Plan Worksheet



Use this worksheet to create Your Action Plan for what to do before, during, and after a damaging earthquake. Visit EarthquakeCountry.org/sevensteps for more guidance and resources for each step.

1 Secure Your Space | *What will you secure, and when?*



Item and Location:

When:

_____	_____
_____	_____
_____	_____
_____	_____

2 Plan to be Safe | *Start with the following:*



Out-of-Area Contact:

Name: _____ Phone: _____

Other Key Contacts:

Name: _____ Phone: _____

Name: _____ Phone: _____

Meeting Place: _____

Other Planning Actions? _____

3 Organize Emergency Supplies | *What will you keep in each location?*



Under-Bed Bags: _____

Go-Bags: _____

Home or Work Supplies: _____

4 Minimize Financial Hardship | *What will you do next?*



Organize Documents: _____

Strengthen Property: _____

Consider Insurance: _____

5 Drop, Cover, and Hold On! | Who will you practice with and when?

People at home:

When:

People at work:

When:

Other groups:

When:



6 Improve Safety | What will you do **now**, so you can improve safety **after**?



7 Reconnect and Restore | What else might you do **now** to speed your recovery?



Additional Notes
